

## Patient Health Questionnaire (2 Question Screen)

This test is also known as PHQ-2

This is a quick test that will help you screen patients for possible depression.\*

Name \_\_\_\_\_ Date \_\_\_\_\_

Over the past two weeks, how often have you been bothered by any of the following problems?

During the last month, have you often been bothered by little interest or pleasure in doing things?

During the last month, have you often been bothered by feeling down, depressed or hopeless?

If the response is “Yes” to either question, consider administering the PHQ-9 questionnaire or asking the patient more questions about possible depression.

If the response both answers is “No”, the screen is negative

\* <http://health.utah.gov/mihp/pdf/PHQ-9%20two%20question.pdf>